food for life CATERING BRONZE

Week One

Monday

Choose From
- Chicken Sausage & Gravy served with Lyonnaise Potatoes
- Cheese & Tomato Tart served with Crushed Potatoes V
- Baked Potato with BBQ Beans V

On the Side
- Carrots & Peas V

Something Sweet
- Peaches & Ice Cream V

A DAILY CHOICE OF FRESH WHOLEMEAL & ORGANIC WHITE CRUSTY BREAD

Tuesday

Choose From
- Lamb Lasagne
- Vegetable Jambalaya V
- Chicken Tikka & Salad Baguette

On the Side
- Sweetcorn & Broccoli V

Something Sweet
- Iced Chocolate Crunch V

Wednesday

Choose From
- Roast Turkey served with Roast or New Potatoes
- Creamy Vegetable Puff & Gravy served with Roast or New Potatoes V
- Baked Potato with Tuna Mayonnaise

On the Side
- Carrots & Green Beans V

Something Sweet
- Fruit Salad & Yoghurt V

Thursday

Choose From
- Cajun Chicken Pizza
- Margherita Pizza V
- Salmon Mayonnaise & Cucumber Wrap

On the Side
- Sweetcorn & Winter Slaw V

Something Sweet
- Caramel Muffin & Custard V

All of our fish is SUSTAINABLY SOURCED!

Friday

Choose From
- Fish Fingers served with Chips or Crushed Potatoes
- Vegetarian Burger served with Chips or Crushed Potatoes V
- Baked Potato with Cheese V

On the Side
- Baked Beans & Peas V

Something Sweet
- Orange Shortbread V

WEEK COMMENCING: NOVEMBER 3RD, 24TH, DECEMBER 15TH, JANUARY 5TH & 26TH, FEBRUARY 23RD, MARCH 16TH

If a dish has a V next to it then it is suitable for vegetarians

Week Two

Monday

Choose From
- Shepherd's Pie
- Creamy Leek Pasta Bake V
- Baked Potato with Vegetable Bean Chilli V

On the Side
- Broccoli & Mashed Swede V

Something Sweet
- Fruit Salad V

Tuesday

Choose From
- Lamb Pasta Bolognaise
- Mexican Rice Wrap (served hot) with salsa V
- Cheese Salad Baguette V

On the Side
- Cauliflower & Green Beans V

Something Sweet
- Sticky Lemon & Thyme Cake V

All of our milk & cheese is **RED TRACTOR**, which means it can be traced from farm gate to school plate!

Wednesday

Choose From
- Roast Chicken & Gravy served with Roast or New Potatoes
- Cheese & Potato Pie served with Roast or New Potatoes V
- Baked Potato with Tuna Mayonnaise

On the Side
- Carrots & Cabbage V

Something Sweet
- Fruit Jelly V

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY

Thursday

Choose From
- Chicken & Vegetable Pizza
- Margherita Pizza V
- Sweet Chilli Chicken Noodles

On the Side
- Sweetcorn & Spinach V

Something Sweet
- Chocolate Crispie V

Friday

Choose From
- Battered Fish served with Chips
- Baked Potato with Vegetable & Chickpea Curry V
- Fruity Coleslaw & Cheese Wrap V

On the Side
- Baked Beans & Peas V

Something Sweet
- Banoffee Tart V

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!

WEEK COMMENCING: NOVEMBER 10TH, DECEMBER 1ST, JANUARY 12TH, FEBRUARY 2ND, MARCH 2ND & 23RD

Week Three

Monday

Choose From
- Chicken Korma served with Rice
- Roasted Vegetable Lasagne V
- Quorn Sausage Hot Dog (optional onions) V

On the Side
- Carrot, Peas & Spinach V

Something Sweet
- Toffee Frozen Yogurt V

CHILLED DRINKING WATER IS ALWAYS AVAILABLE

Tuesday

Choose From
- BBQ Chicken Pizza
- Margherita Pizza V
- Vegetable Chilli served with Rice V

On the Side
- Sweetcorn & Roasted Vegetables V

Something Sweet
- Chocolate & Orange Sponge with Chocolate Sauce V

Wednesday

Choose From
- Roast Lamb & Gravy served with Roast or Creamed Potatoes
- Shepherdess Pie V
- Baked Potato with Tuna Mayonnaise & Sweetcorn

On the Side
- Green Beans & Cauliflower V

Something Sweet
- Banana & Custard V

EGGS

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

Thursday

Choose From
- Turkey & Leek Pie served with Mashed Potato
- Macaroni Cheese V
- Spicy Vegetable Wrap V

On the Side
- Red Cabbage & Carrots V

Something Sweet
- Apricot Flapjack V

Friday

Choose From
- Fish Cakes served with Chips
- Vegetable Noodle Stir Fry V
- Baked Potato with Cheese V

On the Side
- Baked Beans & Peas V

Something Sweet
- Apple Crumble & Ice Cream V

WEEK COMMENCING: NOVEMBER 17TH, DECEMBER 8TH, JANUARY 19TH, FEBRUARY 9TH, MARCH 9TH & 30TH